



**WESTCHESTER ASSOCIATION FOR THE
EDUCATION OF YOUNG CHILDREN
NEWSLETTER
April 2010
www.westchesteraeyc.org**

WAEYC Mission Statement:
The Westchester Association for the Education of Young Children is a professional organization which advocates for children birth through eight years. It educates, guides policy, and promotes quality early childhood programs.

You are cordially invited to attend the
**Westchester Association for the
Education of Young Children
Annual Meeting**

Monday, May 10, 2010
6:00 pm

Memorial United Methodist Church
250 Bryant Avenue, White Plains, NY

Featured Speaker: MaryAnn Brittingham

“Being Happy While Living a Stressful Life”

Discover the importance of balance in your life. Learn to balance your goals for work, home and health. Discover how self esteem affects your stress level. Learn how to feel better about yourself and become less vulnerable to stressful situations!

\$20.00 including dinner

Invitation to the Annual Meeting and Dinner:

“Being Happy While Living a Stressful Life”

Presenter: **MaryAnn Brittingham**, M.S. Family and Child Counseling, B.S. in Elementary Education B.S. in Special Education, Teacher Emotionally Handicapped Children (Grades K-12), Adjunct Instructor at SUNY at New Paltz, Marist College in Hyde Park and SNHU in Vermont, Supervisor of student teachers, Senior trainer for Life Space Crisis Intervention, Consultant in residential and public city schools, Highest Achievement Award from the Dale Carnegie Institute for Public Speaking, Dual County Coordinator for Special Olympics Member, Council for Exceptional Children Member, National Speakers Association Member, National Council for Self-Esteem

Everyone faces stress. It is a fact of life! What you do with it makes the difference between enjoying your life and resenting it; between being challenged and being overwhelmed.

Seventy five percent of daily conversation is negative. People complain about everything from their weight to the weather. What you think and say – even your facial expressions – affects how you feel. It is time to take charge! Learn how to feel better about yourself and become less vulnerable to stressful situations.

- Discover the importance of balance in your life.
- Learn to balance your goals for work, home and health.
- Discover how self esteem affects your stress level.
- Understand the “Magnet Theory.”
- Increase your energy and decrease your stress.
- Work as a team for support and humor to help break the negative patterns.
- Change your thinking to change your outcomes!

Date: **Monday, May 10, 2010**
Place: **Memorial United Methodist Church**
250 Bryant Avenue
White Plains, NY 10605
Time: **6:00 pm**
Cost: **\$20.00**
RSVP by May 1, 2010

Name: _____
Street: _____
Town / State / Zip: _____
Email: _____
Phone: _____

Mail reservation to: Barbara Paci
Purchase Children's Center, 3095 Purchase St., Purchase, NY 10577

Make checks payable to **WAEYC**.

Dear Friends and Colleagues,

In the three years since first becoming Co-President of WAEYC, I have had the opportunity to meet and/or speak with many of you and it is gratifying to know that early childhood is in such strong, capable hands.

This past year the early childhood community has been buffeted by strong recession gusts and perhaps the winds of change as our young population drops in many of our schools. In revising the information received almost two years ago for the WAEYC Directory which will be finished in May, I noted the large number of school with reduced enrollment and staff. However, optimism always reigns in early childhood and we look forward to the spring weather and many house sales.

On behalf of WAEYC I am in conversations with the administration at Mercy College and Dr. Larry Ashley, Chair of the Mercy College Early Childhood Education program and incoming WAEYC board member, as the college seeks out a relationship with the early childhood professionals in the Westchester area. In that spirit Mercy College and WAEYC are exploring a joint role in presenting our October Conference at their Dobbs Ferry campus this fall. We are delighted and excited to forge this relationship with Mercy College and its extraordinary faculty as we look forward to sharing their expertise with our members in our early childhood settings.

Our Fall 2009 Conference at Manhattanville College was lower in attendance but huge in the information and excitement gained to take back to our classrooms. Ongoing are our Spring Workshops spread throughout the county bringing much sought after training hours and a new look at our practices at work.

And WAEYC did more! This month we have partnered with the Westchester Child Care Council in sponsoring our second county wide Book Drive to celebrate the Week of the Young Child and just finished up our Parent Speaker Series co-hosted by the White Plains YWCA.

And now we look forward on Monday, May 10 to meeting MaryAnn Brittingham, our Annual Dinner Meeting speaker, who will take us with humor and fun to the brink of summer. Join me, Jeannette Mirabile, Co-President, Joyce Guimaraes, Co-President – elect, and the WAEYC Board , your friends and your colleagues as we celebrate our work with the best mood lifters in the world – children!

Linda Jo Platt
Co-President

Nominating Committee

The Nominating Committee of the Westchester Association for the Education of Young Children proposes the nomination of these board members for election at our Annual Meeting on May 10, 2010 to the following positions:

Joyce Guimaraes	Co-President
Linda Jo Platt	Treasurer
Cindy O'Neill	Vice President of Advocacy
Charlie Abney	Vice President of Membership
Anna Maria Rodriques	Vice President of Program

WAEYC Board Assignments for 2010 - 11

Co-Presidents:	Jeannette Mirabile	Joyce Guimaraes
Secretary:	Suzanne Boydston	Assistant: Mary Ann DeLessio
Corresponding Secretary:	Donna Tortorici	Assistant: Karen Coombs
Treasurer:	Linda Jo Platt	Assistant: Cindy O'Neill

Vice Presidents

Program:	Anna Maria Rodriguez	Assistant: Charlie Abney
Public Policy:	Cindy O'Neill	Assistant: Ronnie Weinberger
Membership:	Charlie Abney	Assistant: Vidia Cordero

Committees

Accreditation Liaison: Donna Tortorici

Newsletter: Beth Farkas

Nominating: Mary Ann DeLessio, Karen Coombs, Donna Tortorici, Vidia Cordero

Scholarship: Jeannette Mirabile, Karen Coombs, Ronnie Weinberger, Mary Ann DeLessio, Vidia Cordero

2010-2011 Proposed WAEYC BUDGET
Presented by Ronnie Weinberger, Treasurer

	INCOME	EXPENSE
Administration:		
Printcraft / newsletter		\$ 2,500
Postage		\$ 200
Storage Unit		\$ 900
Insurance		\$ 1,800
President's Travel/Meetings		\$ 1,720
Secretary		\$ 100
Web Design		\$ 230
President's Dinner		\$ 700
ACCOUNTING:		
Accountant		\$ 1,300
IRS Filings		\$ 150
Investment Dividends	\$ 100	
MEMBERSHIP:		
Dues	\$10,300	
PROGRAMS:		
Fall Conference	\$12,600	\$ 9,500
Spring Workshops	\$ 5,000	\$ 4,000
MEETINGS:		
Annual Meeting	\$ 1,500	\$ 1,100
Monthly Meetings		\$ 300
ADVOCACY:		
Directors Support Group		\$ 500
L. Lattimer Scholarship		\$ 4,500
	\$ 29,500	\$ 29,500

Checking account balance as of March 2010	\$20,250.40
Dreyfus Treasury Prime Cash Mgmt-Participation Shares Account	
As of February 2010	\$66,391.57

Upcoming Events

- **March 3-April 17, 2010**
Second Annual Children's Book Drive
Co-sponsored by the Child Care Council of Westchester and WAEYC
(Details in this newsletter.)
- **Wednesday, April 28, 2010**
WAEYC Director's Support Group
Conversations about the Job – Director's Dilemmas
Congregation KTI, 575 King Street, Port Chester, NY 10573
Contact: Eileen Stein / Karen Schek 914-939-1010
- **April 29 – May 1, 2010**
NYSAEYC Annual Conference
Turning Stone Resort & Conference Center, Verona, NY
www.nysaeyc.org
- **April 27, 2010 4-6PM**
Working Memory and Learning: Definitions and Practical Applications
Windward School, White Plains
www.windwardny.org
- **May 10, 2010**
WAEYC Annual Dinner at Memorial Methodist in White Plains
(Details in this newsletter.)
- **June 6-9, 2010**
2010 NAEYC National Institute for Early Childhood Professional Development,
Phoenix, Arizona
www.naeyc.org
- **June 15-17, 2010**
Bank Street Infancy Institute: Infants, Toddlers and Families: Supporting Their Growth
Tuesday Presentation: Tovah Klein, Ph.D.
"Anger, Separation, and Fear: How Toddlers Use Play to Express Feelings"
Wednesday Keynote Speaker: J. Lawrence Aber, Ph.D.
"Early Learning and Development for all Children: Can We Get There from Here?"
www.bankstreet.edu/infancyinstitute
- **WAEYC Fall Conference in October – More information coming soon!**
- **November 3-6, 2010**
NAEYC Annual Conference in Anaheim, CA
www.naeyc.org

FYI:

The following was taken from an article in Exchange Every Day, a free service of Exchange Magazine. You can view this and other articles online at childcareexchange.com.

In **The Creative Spirit** (Plume, 1993), a book based on a PBS series on creativity, authors Daniel Goldman, Paul Kaufman, and Michael Ray point out these common ways adults discourage creativity in children:

Surveillance: Hovering over kids, making them feel that they're constantly being watched while they are working . . . under constant observation, the risk-taking, creative urge goes underground and hides.

Evaluation: When we constantly make kids worry about how they are doing, they ignore satisfaction with their accomplishments.

Rewards: The excessive use of prizes . . . deprives a child of the intrinsic pleasure of creative activity.

Competition: Putting kids in a win-lose situation, where only one person can come out on top . . . negates the process [that] children progress at their own rates.

Over-control: Constantly telling kids how to do things . . . often leaves children feeling like their originality is a mistake and any exploration a waste of time.

Restricting choice: Telling children which activities they should engage in instead of letting them follow where their curiosity and passion lead . . . again restricts active exploration and experimentation that might lead to creative discovery and production.

Pressure: Establishing grandiose expectations for a child's performance . . . often ends up instilling aversion for a subject or activity. . . . Unreasonably high expectations often pressure children to perform and conform within strictly prescribed guidelines, and, again, deter experimentation, exploration, and innovation. Grandiose expectations are often beyond children's developmental capabilities.

WAEYC FALL CONFERENCE Workshop Proposal Form 2010

If you are interested in presenting at the WAEYC fall conference, this proposal form must be completed and returned to the address listed below by July 20, 2010. Please print legibly or type!

PRESENTER _____

PRESENTER TITLE _____

EMPLOYER _____

MAILING ADDRESS _____

HOME PHONE _____ WORK _____ CELL _____

E-MAIL ADDRESS _____

WAEYC MEMBER _____ NON-MEMBER _____

CO-PRESENTER _____

CO-PRESENTER TITLE _____

CO-PRESENTER MAILING ADDRESS _____

TITLE OF WORKSHOP _____

(as you wish it to appear in the conference brochure)

Please provide a short specific description of your proposed presentation that can be included in the conference brochure. Include content objectives and techniques to be used in your presentation. WAEYC reserves the right to edit.

WAEYC provides an honorarium of \$150 for each workshop.

Please send completed form to:

Anna Maria Rodrigues

Email: littlefeetfirst@gmail.com

814 Hall Street

Mamaroneck, NY 10543

The Fall Conference date will be either October 16 or 23. You will be contacted when the date is confirmed. It will take place at Mercy College in Dobbs Ferry.

WAEYC Board

WAEYC welcomes new volunteers for its Board and events. If you are interested in joining us, please contact our 2010-2011 Co-Presidents Jeannette Mirabile at Tlcjtm29@aol.com, or Joyce Guimaraes at jguimaraes@aol.com.

And in the same spirit we offer many Warm Thanks to our current WAEYC Board Members for their time and dedication this past year to the early childhood educators in Westchester

Presidents:

Linda Jo Platt – Community Nursery School
Jeannette Mirabile – Transition Learning Center

Vice Presidents:

Advocacy:

Fran Porcaro – Children's School for Early Development

Membership:

Charlie Abney – Mamaroneck Community Nursery School
Asst: Vidia Cordero – Eastchester Child Development Center

Program: Anna Maria Rodrigues – Little Feet First, Inc

Corresponding Secretary and Accreditation Liaison:

Donna Tortorici – Purchase Children's Center

Recording Secretary:

Suzanne Boydston – Memorial Methodist ECC

Treasurer:

Ronnie Weinberger – Oak Lane Child Care Center

Newsletter:

Beth Farkas – Alcott School, Scarsdale

Nominating Committee

Mary Ann DeLessio – Armonk Nursery School
Karen Coombs – Little Sparrow Nursery School

Spring Workshops 2010:

Joyce Guimaraes – Larchmont Avenue Preschool
Eva Levine – Briarcliff Nursery School
Cindy O'Neill – Island Training Consulting Group

Membership Survey May 2010:

WAEYC is reaching out to our membership to gather information to update our database and begin using email for quicker distribution of information and to provide better services to our members and associates. Please fill out the survey below and send it back to us at the address below.

For each 25 surveys received we will randomly select one to receive a \$25 gift card from Staples. Four gift cards in all. Your form must be complete to be eligible. Winners will be announced at the Annual Meeting

We are very happy to be in contact with you and if you would like to reach us by phone or e-mail, our information is provided.

Co- Presidents: Linda Jo Platt 693-9072 ljberrypl@aol.com
Jeannette Mirabile 693-6780 tlcjt@aol.com

Please return to address below or email ljberrypl@aol.com

Name _____ Position _____
Address _____
Phone _____ e-mail _____
School _____ School email _____

Are you a current WAEYC member? Yes _____ No _____

Do you belong to another professional organization? _____ Which one? _____

Do you attend WAEYC events? _____ October Conference _____ Spring Workshops
_____ Annual Meeting Dinner

What workshop topics would be of interest to you ? _____

Are you interested in presenting a workshop at the above events? _____

Are you interested in serving on the WAEYC board or helping with events? _____

Are you interested in Advocacy _____ Public Policy _____ Public Relations _____
Conference Planning _____ Accreditation _____

Is your school licensed by the NY State OCFS Yes _____ No _____

Is your school under NYS Voluntary Registration Yes _____ No _____

Is your school interested in becoming accredited? Yes _____ No _____

If not do you know the reasons _____

Do you use the WAEYC website www.WestchesterAEYC.com?

Would you be interested in receiving WAEYC newsletter and information via e-mail?

Mail form to Linda Jo Platt, PO Box 35, Dobbs Ferry, New York 10522

Email: ljberrypl@aol.com

Or return to me at our Annual Meeting on May 10, 2010.

**WAEYC
PO Box 130
180 East Prospect Avenue
Mamaroneck, NY 10543**

**Non-Profit org
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White Plains,
NY**

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OPEN IMMEDIATELY**